The Turn of the Tide
marine protection

Skywatching
once in a blue moon

Hollesley Needs You!
funding village projects
January diary

Regular events

<table>
<thead>
<tr>
<th>Mondays</th>
<th>Yoga, 7.30pm, Hollesley Village Hall</th>
<th>Elly Lloyd 412053</th>
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</thead>
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<tr>
<td>4th</td>
<td>Mothers’ Union, 1.30pm, Bawdsey Village Hall</td>
<td>Pat Fleetwood 410409</td>
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<td>Tuesdays</td>
<td>Welcome Club, 2pm</td>
<td>Marian Collins 411262</td>
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<tr>
<td>5th, 19th</td>
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<tr>
<td>12th, 26th</td>
<td>Hollesley Bay Day Centre</td>
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<td>Mobile Library</td>
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<td>Wednesdays</td>
<td>Badminton, 8pm</td>
<td>Chris Andrews 411126</td>
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<td>Thursdays</td>
<td>Judo Club</td>
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<td>14th</td>
<td>Parent &amp; Toddler Group</td>
<td>Kerry Simoes 411603</td>
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<tr>
<td>14th</td>
<td>Mobile Police Station, 8.30–9.45am</td>
<td>Gina Forsyth 411727</td>
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<tr>
<td>Sundays</td>
<td>Sunday Shape Up, 10–11am, Hollesley Village Hall</td>
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<tr>
<td>3rd</td>
<td>Suffolk Wildlife Trust Working Party, 9.30am</td>
<td>Nick Mason 411150</td>
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<tr>
<td>3rd</td>
<td>Boyton Table Tennis, 3–5pm</td>
<td>Andrew Cassy 411720</td>
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Dates for your diary

- **Sunday Jan. 3rd** Last day for bulk oil order, see p.30 (Andrew Cassy, 411720)
- **Tuesday Jan. 5th** Colini the Wizard Magic Show, 2–4pm, Hollesley Village Hall
- **Saturday Jan. 9th** Boyton Beachwatch Tidy, I lam at Boyton Village Hall. Bring a flask, mince pies provided (Andrew 411720)
- **Saturday Jan. 9th** Film ‘Coming Home’, 7.30pm at Hollesley Village Hall (see p.32)
- **Sunday Jan. 10th** Copy deadline February Village Voices
- **Thursday Jan. 14th** Mobile Police Station, 8.30–9.45am, Hollesley Shepherd and Dog
- **Sunday Jan. 31st** 8pm Charity Pub Quiz, Shepherd and Dog

To have your event listed here, please contact Debbie Pipe on 01394 411976 or email diary@villagevoices.org.uk
Dear friends

Our cover photograph shows a Tom Pot Blenny, one of a number of fish found in the North Sea off the Suffolk Coast.

In previous issues of Village Voices, our correspondents have described the abundant sea-life that once supported a fishing community at Shingle Street. In our feature in this issue, Laurie Forsyth talks about the positive benefit that the Marine and Coastal Access Bill could have to marine life, which has been sadly depleted in recent decades. He explains how Marine Protected Areas could help to stop the decline in the numbers of fish and other living creatures in UK waters.

We travel further afield with the article from Hollesley Primary School, where our school reporters describe Mrs Yates’ trip to a primary school in Calais. From the article it is clear that French primary education is very different from that in this country. Their piece provides an insight into a very different approach to education for this age group.

If you are good at form-filling and research and also have a gift for using the right words to present an idea to a target audience then you could help our village turn some of its dreams and aspirations for the future into reality. On page 12, Angela Lawrence explains why Hollesley needs volunteers with these skills and what they could help the village to achieve.

We hope you enjoy these and the other articles in this month’s Village Voices.

The Village Voices team wish you a very happy new year.

Rob Claxton
The turn of the tide

Rob Spray
Oceans cover 70% of our planet. They are described as being our life-support system, because they regulate climate, mop up harmful greenhouse gases, give us food and create some of the oxygen we breathe. And yet the North Sea and other UK waters are daily being abused, polluted and over-fished: fragile sea beds are ripped by heavy fishing gear and dredging for gravel, and the depths are considered a fine dumping ground. Marine industry—oil and gas extraction, wind turbines, barrages and other offshore activity—contribute their share of the damage.

Suffolk Wildlife Trust and all the other county wildlife trusts were relieved and delighted when Royal Assent was granted to the Marine and Coastal Access Bill in November. The Bill is now an Act of Parliament. Ten years of campaigning and pressure by their members and the public has achieved a massive boost for sea life, and Government has pledged to introduce new protection for our seas by 2012. Special zones will be created to give greater protection for marine life—some may be large areas of sea, whilst others could be small, localised hotspots of wildlife value that require particular protection. Eventually, it is hoped there will be a network of Marine Protected Areas in UK waters. The new Act also created four Marine Conservation Zones, one of which will help protect North Sea marine life from Northumberland to Kent.
Now the Act has become law, Suffolk Wildlife Trust and its counterparts in Essex and Norfolk are hard at work identifying the key marine wildlife areas in the North Sea that require special protection. There are renowned hotspots for marine life along the north and northeast coasts of Norfolk, where some wrecks have acted as rocky reefs for almost a century, and which possess a rich community of fish, anemones, seaweeds, starfish and lots of other sea life. The famous lobsters and crabs that sustain a local fishing industry are found in the Sheringham Chalk Gullies—another potential Marine Protected Area. Suffolk has a 60-mile coastline. Offshore, sandy plains are home for huge beds of striped Venus clams, and also brittle stars and heart urchins, whilst commercially important cod and herring are found in deep, open water.

The North Sea—especially the Dogger Bank—was once full of cod, skate and mackerel. The fabled herring shoals provided a hard, but reliable living for many generations of fishermen. The Atlantic herring feeds on plankton, and the numbers of ‘silver darlings’ were once so great that beaches and fish quays were often knee-deep in them. The shoals were important to predatory bluefin tuna, dolphins, porpoises, whales, seals and blizzards of seabirds. Research now shows that close to 99% of the fish biomass has been lost during decades of overfishing and habitat destruction on the seabed. The fish are getting smaller and fewer, and some species are now gone.

The next five years will be vital. The new Marine Act is a great piece of long-overdue legislation, but that is all it is. The real challenge will be to make things happen, to achieve real change, and for the 800,000-plus members of the wildlife trusts, backed by other conservation organisations to hold Government to its pledge to
create Marine Protected Areas off the East Anglian coast and elsewhere in the North Sea. Their campaign is called Living Seas. ‘It is unlikely we will get another opportunity as good as this in our lifetimes,’ say the wildlife trusts. ‘If we falter now, our seas may be pushed beyond a point where they can recover.’

Laurie Forsyth

The Ore In Winter

The rippling reeds and wandering dykes are held beneath a great, round sky like a scene within a snowstorm toy and daily glance sees nothing pass except the forming of the clouds upon the shining glass.

Yet on one sudden year-end morn that peace is gone, the round dome breaks and all within becomes the prey that reaping winter wind will slay while sickle shards of frost cruel lay the ragged reeds and tattered hedge.

Then sky and marsh, field and sea, each sough the winter threnody.

P Croome

Mothers’ Union Report December 2009

Instead of the usual Mothers Union style of meeting on Monday 7th December we held our Christmas Party for members and guests at Bawdsey village hall, which is beautifully decorated.

We sang our favourite carols interspersed with readings by members and guests, some very amusing, some of Christmas past and others of the occasion. Prayers opened the meeting and grace signalled the start of the lunch; bring and share consisting of hot baked potatoes and hot delicious sausage pie, salad and sliced ham as the main course followed by a wonderful variety of puddings, cheese and biscuits, tea or coffee with cake. You can imagine the table was well laden but fairly quickly diminished by members and guests. A lunch time of much laughter, fun and occasional deep thinking; stories of people’s past Christmas times, some during the Second World War.

We left well fed wishing each other a peaceful and happy Christmas and New Year as our next meeting is 1st February 2010 and we extended that wish to all.

So I wish you all a Happy Peaceful and Prosperous New Year, God bless you.

Pat Fleetwood
Branch Leader
410409

www.villagevoices.org.uk
What a privilege to be writing for you this month, January 2010. Happy New Year! A time of new beginnings, new intentions and new people. Yes, I write to introduce you to your new Team Vicar.

We have all waited a long time for this moment and I do feel that God has a hand in this appointment. Revd Ruth Hatchett will be our Team Vicar from 15th February. She will have responsibility for Hollesley, Boyton, Bawdsey, Ramsholt and Alderton.

At this time she is assisting at the parishes of Melton and Ufford where

Ruth’s husband, Michael is the Priest. Michael and Ruth will live in the Rectory in Hollesley. I am sure you will soon recognise her as she walks through the village or in her car as she gets to the other villages.

This is an immensely exciting time for the Wilford Team as we will be fully staffed. We hope that you will all benefit from a ‘team with a vision’, a team that will bring God and people together using the skills and talents of the clergy and local volunteers.

Come and meet Ruth at her Licensing on Monday 15th February 2010 at All
Saints’ Church, Hollesley at 7.30pm and afterwards at the Village Hall.

Your friend and resident,
Judith Andrews

### Church Contacts

**Team Rector:**
Revd David Murdoch, 01394 450336

**Hollesley Churchwardens:**
Fred Stentiford, 01394 411469
Pat Shannon, 01394 411214

**Boyton Churchwardens:**
Malcolm Fleetwood, 01394 410409
Isobel Lilley, 01394 411409

**Tower Captain:**
Alan McBurnie, 01394 411517

### Weekday Services

**Wednesday**
12pm Sutton

**1st Thursday**
3pm Glebe House, Hollesley
Evensong

**3rd Thursday**
10.30am Glebe House
Holy Communion

**4th Friday**
2pm Mary Warner Homes
Communion

**1st Wednesday**
1.30pm Colyton, Hollesley
Prayer Group

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<th>Day</th>
<th>Boyton</th>
<th>Hollesley</th>
<th>Other Places</th>
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<tr>
<td>3rd Jan</td>
<td>11.00 PF</td>
<td>9.30 DL</td>
<td>9.30 Alderton, Sutton</td>
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<td>2nd Christmas</td>
<td>All Age Service</td>
<td>Holy Communion</td>
<td>11.00 B romeswell, Sutton</td>
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<td>6.30pm Shottisham</td>
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<td>10th Jan</td>
<td>9.30 DL</td>
<td>9.30 B romeswell</td>
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<td>Baptism of Christ</td>
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<td>31st Jan</td>
<td>Hollesley and Shottisham Clusters 10am</td>
<td>9.30 Shottisham</td>
<td>11.00 Bawdsey, B romeswell, Ramsholt</td>
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<td>4th Epiphany</td>
<td>Holy Communion</td>
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**DL** Canon David Lowe
**PF** Pat Fleetwood (Elder)
**LC** Lydia Calvesbert (Reader)
----- Robin Smith -----
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Notes From The Boyton Parish Council Meeting
Thursday 19th November 2009

The meeting was attended by four Parish Councillors, the SCDC District Councillor and three village residents.

From the last meeting, it was confirmed that on the advice of the SALC, the Environmental Group would act as an independent group, presenting reports to the Parish Council and working in partnership with them.

A request has been made to the SCDC for the number of Parish Councillors for Boyton to be increased from five to six.

A letter was read from Capel St Andrew Farms confirming that a complaint had been received last May regarding spray drift. The only criticism made by the resultant HSE investigation was the failure to note the change of wind direction from South-West to South-East earlier in the day on the written spray records. The letter went on to invite any villager who has concerns to go and look around the farm and discuss the sort of thing they are doing.

Andrew Cassy advised that the Environmental Group is currently establishing their own basics in terms of direction and priorities, and that they will be happy to report regularly at Parish Council meetings. He circulated a leaflet entitled ‘Transitional Ipswich Group’, and confirmed that the Boyton Group hoped to work towards the same ends. One area that is foremost in their minds at the moment is the development of the vision for a Community Woodland space. On each of the four weekends in January, it is hoped to arrange discussions in the village hall on specific themes, to ascertain if there is wider interest.

There had been one planning application progressed since the last meeting, that for the erection of a dwelling on the land adjoining the Old Bell. Three Parish Councillors had supported the application, one had not supported it, while the fifth member declared an interest. The SCDC decision is awaited.

AOB

The hedges on both sides of the road near the Old School were again giving cause for concern, especially the thorn and bramble alongside the new woodland area. Post Meeting Note: This hedge was in fact cut back in the days following the meeting.

The Clerk advised the meeting that he will be retiring next July, and possibly moving from the village. If anyone is interested in becoming clerk to the council, please contact the Chairman, Keith Lilley on 01394 411409.

The next meeting will be held at 7.30pm on Wednesday 10th February 2010.
Hollesley Needs You

There are other ideas, too, like building a sports pavilion that will take the rec into the 21st century, with decent changing rooms and washing facilities, even re-establishing a village pond – there used to be several in Hollesley in days gone by.

How will all this be paid for? Well, we all know the Parish Council hasn’t won the Lottery! So grants are the only answer.

That’s where you come in. We need more ‘chefs’. They’re the people who will turn these ideas into a delicious reality – for the benefit of every man, woman and child.

So many exciting ingredients simmering in the pot in Hollesley – but too few chefs to turn them into a cordon bleu feast.

That may sound a bit fanciful, but it’s what is currently happening in this village. Look at the projects currently on the go here: a new central heating system for the village hall, incorporating ground-source heat; a footpath and cycle-way between the Water Tower and Duck Corner, to encourage people to get on their bikes or walk; a brand new playground at Oak Hill, with equipment that will challenge children of all ages and a face-lift and update for the play area on the recreation ground.

How will all this be paid for?

We’re looking for people who will help with the nitty-gritty business of putting applications for grants together. It means trawling the Internet for clues as to which organisations we can appeal to for grants; filling in the forms, badgering people on various councils for the money they have available. Yes, Suffolk County Council and Suffolk Coastal both have money they can dish out for projects – it’s just finding a way of prizing it out of their coffers.
If you’ve never done this kind of thing before, don’t worry. We’ll get an expert to come from Suffolk Coastal Resource Network who will give everyone who joins the Village Project Funding team a training session.

So what are we looking for?

So what are we looking for? According to Chris Walker, who’s been applying for grants for council projects for years: “We want people with time, energy and enthusiasm to help with applying for grants. They’ll be dogged - people who won’t take NO for an answer. People who will research likely funders, such as the Big Lottery, Sport England and Sustrans - the organisation which funds cycleways.

“We’re trying to squeeze £50,000 out of a special play equipment budget of £1.1million the Education Minister, Ed Balls, gave the County Council. It would be nice to have someone on board who could help with an application for that. We’ve tried three times already and know that if we persist we must surely get a result.”

Half a dozen volunteer ‘grant-applicants’ - then we’d really be cooking!

Contact Chris Walker: 01394 411173 or Angela Lawrence: 01394 410203 to volunteer.
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Hi once again, we have two incidents to report on this time.

On 15th November at 1250 called to Bawdsey Ferry where a kitesurfer got into difficulties off the Deben Bar. He was detached from his kite and was finally rescued by Harwich Lifeboat, unharmed albeit a little cold. He was transferred to the Harwich Inshore Lifeboat and returned to Felixstowe Ferry. His kite was retrieved by us and also returned to him at Felixstowe Ferry.

On 29th November at 1240 requested by Suffolk Police to attend a sheep stuck in the mud off Havergate Island. We managed to free the sheep and with the help of an angler’s boat we took the sheep to Orford Quay where it was reunited with its owner.

The team invites you to an open day on January 10th 10am–3pm at the station, Coastguard Cottages, Shingle Street. Look forward to seeing you there.

That’s it for now, until next time, safe passage.

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The restaurant in the Shepherd and Dog pub has reopened. Although the pub is up for sale (anyone with £250,000 to spare?) it is in the temporary, but very capable hands of Tony and Carol until a buyer can be found.

Louisa Garnham (known as Lou to everyone) has taken over the management of the restaurant, which is open for lunch and evening meals and bar snacks. You will remember the excellent quality of Lou’s cuisine when she worked there under Ray and Gill Whiffen, and later with Kevin Ruffles.

A wide selection of meals and bar snacks are available at very reasonable prices.

Restaurant opening times:

Lunch
12–2.30pm Tuesday–Saturday
12–4pm Sunday

Evening
6–9pm Friday and Saturday.

For more details, contact Lou on 07824 340967 or 01394 410673, or e-mail louisa.garnham@btinternet.com.

Hollesley Youth Club

The youth club is currently suspended and will be closed in January and February. More details will be in next month’s Village Voices.

Diane Coates, Chair
Salut!

The reason Mrs Yates went to Calais was because Suffolk want to improve modern foreign languages and intercultural understanding in schools.

Mrs Yates went with 25 teachers from Suffolk schools for a 3 day visit which began on 25th November 2009. While she was there she visited L’ecole La Fontaine (which has 176 pupils, more than 3 times bigger than Hollesley), and which is now linked with Hollesley Primary School. Mrs Yates said she had a fascinating insight into the way French Primary Schools work, which is very different from here. Mrs Yates took with her letters from all the children, photographs and a copy of the School Prospectus.

French pupils start Primary School at the age of 6 (that’s the equivalent to year 2). They start at 08.45 and school ends at 17.00 and for the pupils who struggle there is an extra hour for them on Tuesdays and Fridays but there is no school on Wednesdays. Their lunch break is 2 hours long (that’s twice as long as ours!). They also have 2–3 weeks longer holidays.

The school is taught in a more formal way than Hollesley. Each pupil has his/her own desk facing the front of the class. On the desk the school provide a little basket which each pupil fills with his/her own stationery. They spend 10 hours a week learning how to read and write French but they do very little creative writing. However their handwriting is absolutely beautiful which isn’t surprising considering they practise it every day for hours!

They have to raise their hand to speak and when teachers or others enter their room they must stand up until told to sit down. Another strict rule is they’re not allowed to get out of their seats even to go to the toilet, the toilets are outside across the playground and they’re not very pleasant. At lunch time pupils can’t have sandwiches but they either go home or have a school dinner (they are actually cooked elsewhere and reheated on the premises.)

There is no: assembly, clubs, hall/gym, computers (except one for the secretary), water bottles or water machine, concerts, R.E (but if parents want pupils to learn it, it’s done outside school on Wednesdays), homework, staff room, School Prospectus, School Council, School Photographer or School Reporters, so you wouldn’t be reading this in France! There is only one interactive whiteboard and all the others boards are magnetic blackboards.
At lunch time Mrs Yates had a guided tour in and around Calais, including the Sangatte refugee camp (now closed down). There are lots of interesting places to visit and she found out that Calais is famous for lace, now all machine made.

In the future we hope to exchange lots of information, learn more about the cultural differences between our schools and hopefully arrange a daytrip.

Mrs Yates showed us lots of photographs of La Fontaine and Calais. We think Hollesley School is much better!

Au revoir!

School reporters:
Georgia Donaldson
and Sam Parkinson

L’ecole La Fontaine— the French primary school visited by Mrs Yates

At lunch time Mrs Yates had a guided tour in and around Calais, including the Sangatte refugee camp (now closed
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Dear Editor

My late Grandfather was the headmaster at Hollesley School from the late 30's to about 1960. His name was John Flory. He came from Somerleyton where his father was a Sergeant in the Police. He was a soldier in the 14/18 war during which he lost a foot. After the war he trained as a teacher.

He met and married my Grandmother, Ivy (nee Shaw) when he was at Belton School in about 1926. My mother - Kathleen - was the first child born in 1927. There were then three boys - Richard, Alfred and Bernard. Before moving to Hollesley he was at Ilketshall St Lawrence.

In 1938 my grandparents were divorced. This was quite a scandal in those days especially as it involved a man being badly beaten on the edge of the heath. Even more unusual was the fact that my Grandfather won custody of all four children. My Grandmother returned to live with her parents in Belton.

In WWII John was in the Home Guard. John remarried in 1948 - Ruth was his second wife and prior to the marriage she had a shop (a greengrocers I believe) in Woodbridge. In 1949 they had a son - John Ross.

In about 1959 or 1960 my grandfather retired from teaching and bought Marine View Cottage at Shingle Street. Here he opened a small shop selling sandwiches, drinks etc to the fishermen. In these days the Martello Tower was not a home and there was no sewage - not even a cess pit!!

In 1965 he moved back to Hollesley - Portman Bushey Lane where he lived till he died in the early 70's.

He was a regular at the Bowls Club and used to drink in the Shepherd and Dog. One of his sisters Hilda lived in Shotley and the other Lydia lived in Bentley. My mother died in 2005 and her ashes were scattered at Shingle Street.

Sadly I have no photographs of my Grandfather.

I would like to know more about this part of my family and would be most grateful for any memories from people who knew him or any of the family.

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A blue moon occurs more frequently than we may realise. The moon orbits the Earth once every 29½ days, slightly shorter than the average calendar month of about 30½ days. Usually we see 12 full moons in a calendar year, but gradually the extra days accumulate and sometimes the year contains 13 full moons. That extra full moon has come to be known as a Blue Moon.

Many cultures around the world have used the cycles of the Moon to keep track of the passage of the year, and to help plan cultivation, planting, harvest etc. The year would be divided into four seasons, each of which would normally contain 3 full moons, and these would be given names. Most of us are probably familiar with the Harvest Moon (October) and the Hunter’s Moon (November), but all the other months were named too. For example the April, May and June full moons were respectively known as the Egg Moon, the Milk Moon and the Flower Moon in some English regions. But many variations existed, and other cultures had their own sets of names. Native Americans called the April moon the Pink Moon, but other names for it include the Sprouting Grass Moon, the Fish Moon, the Seed Moon and the Waking Moon.

This handy scheme for annual time-keeping would of course be upset in those occasional seasons when there were 4 full moons instead of 3. So in order that the sequence of moon names could remain in step with the cycle of seasons, the third full moon in a season having 4 moons became known as the Blue Moon. We could perhaps call this the seasonal definition.

However, an alternative definition (which was introduced in the 20th century due to a misunderstanding) describes a Blue Moon as the second full moon in a calendar month that contains 2 full moons— we could call this the calendar-based definition. But if we use either definition a Blue Moon occurs on average about once every 2.7 years. The last calendar-based Blue Moon occurred on 31st December 2009, and the next will be on 31st August 2012.

But why blue? One suggestion is that if an extra moon occurred in the early part of the year it would complicate the process used to determine the date of Easter, which is based on full moon.
Hence it was known as a ‘belewe moon’—belewe being an old English word meaning ‘betrayer’ (although the same word could also mean ‘blue’).

Very occasionally the Moon really does look blue, when its light is scattered by fine ash or dust in the atmosphere. Examples of this have occurred following forest fires in Canada and Scandinavia. Even more remarkably, following the huge eruption of the Krakatoa volcano in 1883 the Moon was visibly blue for nearly two years.

Ray Larsen
Hollesley WI

Following the formal business of our annual general meeting we were invited by Helen Macleod to join her on an inspirational journey to beautiful places she had lived in or visited. We were shown sights and objects she had admired and offered glimpses into her memories portrayed through the unusual medium of machine knitting.

She kept us enthralled with a talk entitled Inspirational Machine Knitting and showed us untold examples of her work. Out of a large bag came jumpers, smocks and cardigans with amazingly varied designs. We were shown stained glass windows, African birds, trees and buildings. Some were inspired by traditional symbols, others simply by the colour of a particular stone and even one by a discovery at Sutton Hoo.

Every garment she had created told a story and Helen shared her passion with us in a most enthusiastic way. She has also written a book on the subject, as she wanted to share her ideas with others and amused us by saying that even when the old jumpers wear out she makes them into bags. Nothing is wasted.

The meeting was well attended and Rosemary Busby was re-elected as president for the fifth year running. She thanked the committee for all their hard work during the year and Gina Forsyth for her first year as Secretary.

Our quiz night arranged in November raised the sum of £120, half of which will be donated to Village Hall funds. This despite the fact that England was playing that night which might have affected attendance.

An afternoon was arranged where members would be shown how to make decorative boxes for Christmas presents.

Events for January 2010 include a trip to Eastern Angles Seckford Theatre.

Our first meeting of the New Year will be held on Thursday 14th January at 7.30pm in the Village Hall.

Julie Kitson

Thank you Children’s Society Box Holders

You raised the grand sum of £293.27. The Children’s Society helps kids and teenagers in the UK. They may be suffering neglect or abuse, sleeping rough, in trouble with the police, taking care of parents or siblings, refugees or disabled.

The Children’s Society runs many projects all over the country and talks to the Government to make sure they know about issues that are effecting children and young people. Could You Help Too? If you would like a collection box please call Tony Barnard on 01394 411079. He collects them in once a year in the Autumn. Thank you.
**Vegetable Soup**

This is a meal in itself, just right for a cold winters day. The parmesan rind and the long slow cooking are essential. If you have any frozen vegetables this is a good time to use them.

For 2 persons

2 tbls olive oil  
1 large onion, finely sliced  
1 large carrot, sliced  
1 stick of celery, sliced  
1 medium potato, scrubbed and diced  
1 courgette, sliced  
4 oz green beans, in 1 inch pieces  
¼ white or green cabbage, sliced  
2 oz beans, haricot, cannellini or borlotti  
1 pint vegetable or chicken stock  
1 piece parmesan rind  
Freshly grated parmesan

If using dried beans, soak them over night and then cook in unsalted fresh water until tender. Drain.

Heat the olive oil in a heavy bottomed, lidded pot and add the onions. Gently cook until soft ensuring they don’t burn.

Add the rest of the vegetables one at a time, cooking each for a couple of minutes and stirring them to avoid sticking.

Pour on the stock and put in the parmesan rind. Bring up to the boil and then reduce the heat to low, cover the pot and cook for 1½ to 2 hours. Check periodically and stir.

Add the cooked haricot beans, you may have to add some water although the soup is meant to be thick. Remove the parmesan rind, add some grated parmesan and reheat.

Check the seasoning and serve with more grated parmesan on top.

This soup goes very well with the Foc-cacia bread from last month’s recipe.
Local Walks

Tangham
Distance approx 3 miles

This walk follows footpaths and bridleways through Rendlesham Forest to Tangham. At the Forest Centre at point 4 there are toilets in the main car park and play areas for children. At weekends and in the Summer, drinks and ice creams should be available at the Forest Centre and the Caravan Site shop. There are also cycle trails and coloured routes to walk. The Forestry Commission organise events here – check the website for details: www.forestry.gov.uk.

1. Start from the small roadside layby in the trees on the Hollesley to Capel road just before Ely Hill House. Follow the bridleway path through the trees. Continue straight along the path, ignoring the cycling tracks.

2. Halfway down the hill, turn right at the cross tracks (post marked N18 on the right). Note the bat boxes in the tree on the left. Continue straight on along the path. Paths to the left lead to ponds which are good for spotting wildlife.

3. Continue to vehicle barrier near Forest Office and carry straight on.

4. At Forest Centre turn right along bridleway towards Forest Camping, then straight ahead along the track at the striped vehicle barrier. Look out for the nightjar sign marking the Sandlings Walk. Walk straight on along the track through another striped vehicle barrier, with the Caravan site on your right.

5. Continue straight on along the track ignoring the Sandlings Walk marker on the left.

6. At the road, go past the vehicle barrier and turn right along the bridleway along the edge of the field. Where the track goes off to the left, we went through the gate on the right as it was easier walking on the cycle track than on the bridleway at the edge of the field.

7. At the next gate, turn left then walk along the path back towards the road, then turn right and walk a short distance along the road to the start point.

Debbie Pipe and Pauline Austerfield
20 Walks on the Deben Peninsula

This walk is one of twenty featured in *20 Walks on the Deben Peninsula*. This book is now on sale at Hollesley Store, local pubs and shops and Tourist information centres.

We are very grateful to Suffolk Coast and Heaths for funding the publication of this book.

*Village Voices Team*
Samaritan’s Purse Christmas Boxes

Di Barnard and Pat Fleetwood would like to say a big thank you to all the school children and everybody else who participated in the Shoe Box Appeal. This year we have sent 44 boxes—a wonderful response. The joy is the knowledge that they will make such a difference to young children who have so little compared to our families.

The distribution of the boxes is controlled so that they do reach the destination intended. Anyone wishing to see a CD of previous efforts we have a few available.

To find out more about Samaritan’s Purse and what they do visit their website: www.samaritans-purse.org.uk. Again thank you and God bless you all Pat and Di

Bowel Cancer Screening Goes Live

The NHS Bowel Cancer Screening Programme for East Suffolk went live in November 2009.

This scheme gives the opportunity for people aged 60 to 69 to obtain a free test kit for use in the privacy of their own home. Those aged 70 and over can call the free phone number 0800 707 6060 to request a test kit.

Hossein Khaled, lead for screening at NHS Suffolk, said: “There are 35,000 new cases of bowel cancer each year. Screening for it means that patients will get prompt treatment.

“It is vitally important when you are sent this kit—and information from the Bowel Cancer Screening Hub—that you take part.

“It is an easy test and can be undertaken in the privacy of your own home. The overwhelming majority of people who participate will have no problems whatsoever and will be sent another test in two years. A small number will need further investigation, which will take place at hospital.”

For more information on the service please call this freephone number: 0800 707 6060.

Heating Oil Bulk Buy for beginning of January

If you need a top up or more for a delivery the first week of January please let me know by Sunday 3rd January and whether or not you’d be prepared to spend a couple of extra pence for a higher quality oil (burns more efficiently and less soot). We have so far ordered over 20,000 litres under this scheme and collectively saved £100’s.

Andrew, 411720 or email Boyton.co2@btinternet.com
Big check-out leads the way

On November 18th, in the quarter-final of the knock-out cup, away to Orford Sports and Social Club, once again the Shepherd proved too strong in this local derby. They took the first 3 games then lost one before winning the last 2 singles. This gave them the match. The doubles were still played and we won 2 and lost 1. Match result Orford 2 – Shepherd 7.

We had a home league match against Framlingham White Horse on November 25th. Two changes were forced on the Shepherd with M Lenard and G Curtis replacing G Creed and S Copping. J Copping played first and won 2–0, P Knights lost 1–2 before R Wright put us back in front winning 2–0. Both the new boys then lost, giving Fram a 3–2 lead, before the two captains played the sixth game which we won. All square at the break.

Jeannette was victorious in her women’s match, winning 2–1. In the first doubles game C Lennard and J Copping won 2–0, G Curtis and P Knights won the second 2–1 while M Lennard and R Wright lost theirs. Match result Shepherd 5 – Framlingham 4.

On the 2nd of December we were away at the Grundisburgh Dog (the new home of our ex-vice-captain Dean Bailey). The Shepherd took a two game lead through J Copping and G Creed, Dean Bailey then beat S Copping before C Lennard got it back to 3–1. P Knights then lost and R Wright lost his first game of the season. At the break, therefore, it was 3–3.

There is no lady player at Grundisburgh so Jeanette got the win. First up in the doubles were C Lennard and P Knights against D Bailey and C Marsh which we won 2–0. You may recall that in the first report of this season R Wright checked out with a 164. This was beaten by C Lennard checking out with 167 (treble 20, treble 19, Bullseye). This can only be beaten by 170! In the second game G Creed and S Copping also won 2–0. The match was won. J Copping and R Wright lost 1–2. Result Grundisburgh Dog 4 – Shepherd and Dog 5.

The season continues to go well.

Carl Lennard

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Subscriptions

Subscriptions are available at a cost of £12 for 12 issues including postage within the UK. Rates for overseas are considered individually.

Please send the recipient’s name, address and telephone number together with a cheque for £12 payable to Boyton PCC to Debbie Pipe, 4 Mallard Way, Hollesley, Suffolk, IP12 3QJ.
It’s understandable that when the weather eventually changes then the wildlife changes too. Into November we had dry mild weather and so there were still lots of Common Darters (dragonflies) hanging around and some of them were still breeding even though it was getting colder. There was still the odd Butterfly around as well. Well that all changed and, even though it was still warmish, the rain did for most of the stragglers.

There were insects around, however. It always amazes me that Moths can be around in the heart of the winter. On some nights in November there were several moths to be seen in the car headlights—November Moths and Feathered Thorns (well they would need to be feathered wouldn’t they!) and a few called Quakers (living a friendly, enlightened life like their human namesakes perhaps?) and December Moths which are hairy and dark. All of them must find some nectar to feed on.

The weather changes for the birds too. Those that feed on insects such as Swallows and Warblers are long gone to find food way down south—possibly at the bottom of Africa. Others, however, come here for the winter. There are thousands of waders such as Redshank and our increasing population of Avocets. The river Deben is
nationally important for Redshank and they can be seen on any exposed piece of mud when the tide is down. One of the best places to see the Avocets is around Ramsholt. They tend to be on the water’s edge where they sift for food with their upturned beak. They can also be seen up the Alde as well and a flock of 100 or more flying to roost can take your breath away.

Boyton RSPB reserve is a good place to see many of our wintering wildfowl—Mallard, Teal and Wigeon especially are using the grazing marshes to feed. We also are lucky enough to have the RSPB land at Hollesley as well which is developing into an excellent spot for ducks and geese, especially if it gets cold in the New Year. This was not meant to be an advert but don’t forget you can plan your route using the excellent Walks book that Debbie Pipe and Pauline Austerfield have created.

On the Heaths winter is a pretty quiet time on the whole. There are, however, still birds about although some of them do migrate. Often in January Wood Larks will sing if the sun is out and it won’t be long before they start to breed, in March. And remember the poor Dartford Warblers that don’t tend to leave. Last winter, down in Hampshire and Dorset, many of them suffered and died because of the very cold weather they experienced. Here we were lucky that we didn’t have it too bad even though we had a bit of snow.
Have you thought about Petanque?

Petanque has virtually no age or gender restrictions and people take only 10 to 15 minutes to be shown the basics of the game. A purpose built playing area is not necessary—teams often persuade local pubs to temporarily give up a section of a gravelled car park, which makes a suitable playing surface.

Teams are made up of 4 to 8 players, and the registration fee is only £12 per team for the season. Matches are played roughly every 3 weeks, from April to September. Leagues are based upon location rather than ability and limited to 6 teams per division. This means a team has, at the most, 10 matches to play over 6 months.

Late Sunday mornings are the preferred ‘kick-off’ times, and with matches lasting around 90 minutes, venues are then usually open by 12 o’clock, allowing after-match refreshments and socialising.

Teams can be family, friends, pub and club teams or teams that we ‘mould together’ from isolated persons who just want to get involved, such as the Deben Vikings team, where we got 6 strangers together playing at Woodbridge.

If you are interested, contact League Co-Ordinator, Mr Simon Fletcher at 18 Melville Road, Ipswich, IP4 1PN or email him at imogenlewickira@sky.com Registration closes at the end of February 2010.

A walk on the wild side

An ‘I’m a Good Dog!’ walk at Orwell Country Park at 1pm on Sunday 10th January launches a campaign to promote responsible dog ownership in Suffolk Coast and Heaths Area of Outstanding Natural Beauty (AONB). The walk is part of a campaign to highlight the need for responsible dog ownership. It follows research that dog owners were unaware of their responsibilities under Open Access regulations on Sandlings heaths.

The message is that responsible dog owners are very welcome in the Suffolk Coast and Heaths AONB. Uncontrolled dogs have a significant negative impact on wildlife, and on the AONB landscape but, by working closely with dog owners, our conservation partners, local land owners and managers, we hope to promote solutions that will be pro-responsibility, rather than anti-dog.

The walk is free of charge. Meet at the Bridge Wood Car Park, Orwell Country Park, Ipswich IP8 3SL, (Grid reference, TM 134427) Tel: 01473 692690.
### Local Contacts

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Name</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Hollesley Village Hall Bookings</td>
<td>Christine Gillespie</td>
<td>411562</td>
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<tr>
<td>Boyton Village Hall Bookings</td>
<td>Val Murray</td>
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<tr>
<td>Hollesley School</td>
<td>Lynne Wright (Headteacher)</td>
<td>411616</td>
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<tr>
<td>Welcome Club</td>
<td>Marion Collins</td>
<td>411262</td>
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<td>Hollesley Womens Institute</td>
<td>Gina Forsyth</td>
<td>411727</td>
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<tr>
<td>Mothers Union</td>
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<tr>
<td>Whist Drives</td>
<td>Jill Cocksedge</td>
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<tr>
<td>Hollesley Bowls Club</td>
<td>Roy Winchester</td>
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<tr>
<td>Indoor Bowls</td>
<td>Nigel Smith</td>
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<td>Youth Club</td>
<td>Diane Coates</td>
<td>411091</td>
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<tr>
<td>Hollesley Badminton Club</td>
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<tr>
<td>Junior Soccer</td>
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<tr>
<td>Judo Club</td>
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<td>1st Sutton Brownies</td>
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<td>Hollesley Parent and Toddler</td>
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<td>Emergency Planning Coordinator</td>
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<td>Suffolk Link Bus</td>
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<td>Marine Life Rescue</td>
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<td>Hollesley Parish Council</td>
<td>Dennis Driver (Chairman)</td>
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<td></td>
<td>Noelle Gore (Clerk)</td>
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<tr>
<td>Boyton Parish Council</td>
<td>Keith Lilley (Chairman)</td>
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<td>Alan Hall (Clerk)</td>
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<tr>
<td>District Councillor</td>
<td>Rhona Sturrock</td>
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<td>County Councillor</td>
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<td>Community Police Officer</td>
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<td>Hollesley Commons</td>
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www.villagevoices.org.uk | January 2010 page 35
Hollesley Village Stores

Open Every Day for
Your Convenience

Bringing you fresh fruit and veg, groceries, stationery, newspapers, magazines and much, much more.

Excitement is building

Our plan to double the size of the shop is progressing well with the Parish Council approving the scheme. We now await Suffolk Coastal’s decision in the next week or so. We have invited tenders for the construction work and are hoping that these come in within budget.

More news to follow.......Chris and Carol

Open seven days a week ~ for your convenience
Monday - Friday 7.30am ~ 8.00pm
Saturday 8.00am ~ 8.00pm
Sunday 8.00am ~ 1.00pm

Telephone 01394 411636